

# **Lipid-lowering and immunity-improving** effects of Thai probiotic strain innovations

#### Chantanapa Chantarangkul<sup>1,2</sup>, Malai Taweechotipatr<sup>2,3</sup>\*

Molecular biology program, Faculty of Medicine, Srinakharinwirot University <sup>2</sup> Center of Excellence in Probiotics, Srinakharinwirot University <sup>3</sup> Department of Microbiology, Faculty of Medicine, Srinakharinwirot University

### Introduction

Hyperlipidemia, an abnormally high level of lipids, such as cholesterol, in the body, negatively impacts health in various ways, partly by increased inflammation and suppressing innate immune responses. Probiotics are living microorganisms with proven efficacy in improving health. Among their many attributed benefits is the potential to reduce lipid levels in the body. Therefore, this study aims to evaluate the effectiveness of two Thai probiotic strains (Lacticaseibacillus paracasei MSMC39-1 and Bifidobacterium animalis MSMC83) in lipid-lowering and immunity-enhancing effects on hyperlipidemic rats.

# **Materials and Methods**

#### 1<sup>st</sup> group : Normal control group (Control)



**Fig.1** Effect of probiotic supplement on **A** total cholesterol (TC); **B** triglyceride (TG); C HDL- cholesterol; D LDL- cholesterol; E Hepatic CYP7A1; F CYP7A1 gene expression. Values are express as Mean  $\pm$  SD, \*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001 compared with the HFD.

**Fig.3** Effect of probiotic supplement on A *TLR-2 gene* expression relative to  $\beta$ -actin; **B** *TLR-4 gene* expression relative to  $\beta$ -actin. Values are express as Mean  $\pm$  SD, \*\**p* < 0.01, \*\*\**p* < 0.001 compared with the HFD.

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