

Phakpaem adaptogenic tablets have been developed from leaf extract of *Acanthopanax trifoliatum*, Thai traditional vegetable that has been reported for adaptogenic activities. Phakpaem raw materials have been identified and quality controlled. The extract prepared by decoction has been controlled for the physical, chemical and biological qualities including antioxidant and hepatoprotective effects. It contains no pesticide, heavy metal and microbial contaminations. Phakpaem adaptogenic tablets have good physical characteristic as round light brown tablets. General storing of them in normal storage condition for 3 months, found that they show good physical, chemical and biological stabilities.